



Hart Chart Saccades

Saccades

PURPOSE: To improve the accuracy of fine saccades in a figure-ground task.

PROCEDURE: Cover one eye with a patch. Place the chart (X-Lg or lg) on a wall at eye level & stand about 10 feet away. Call out the first letter/number and the last letter/number of each line until you reach the bottom. Then return to the top line and call out the second letter and the second-to-last letter of each line. Return to the top line and call out the third letter and the third-to-last letter of each line. Continue this pattern until all letters/numbers on the chart have been read. Be sure to monitor for accuracy, rhythmic tempo, and no head movements. Repeat the procedure using your other eye.

Therapist check possible modifications:

- _____ 1) change viewing distance to: _____
- _____ 2) place object on head to monitor head movement
- _____ 3) do it without a patch—using both eyes

GOAL FOR THE WEEK: